



Referral Services

If the EAP counselor determines that longer term or specialized services are appropriate, EAP will provide a referral. In many cases your medical insurance will cover the cost of these additional services. A referral through EAP takes the worry and guesswork out of determining the best resource for providing the necessary care for you or your loved one.

Website: www.EAPacific.com

The Resources section of the EAP website provides self-assessment tools and a searchable database that can assist in finding articles on a wide variety of topics relating to personal issues, home life, and work. Additionally, there are links to websites we think you would find useful.

For Assistance Call, go Online, or Email:

(808) 597-8222

www.EAPacific.com

info@eapacific.com



EMPLOYEE ASSISTANCE OF THE PACIFIC, LLC

1221 Kapiolani Blvd, Suite 730
Honolulu, HI 96814

Your Employee Assistance Program

A benefit provided by



PRICE ENTERPRISES
INC



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(808) 597-8222

www.EAPacific.com





EMPLOYEE ASSISTANCE OF THE PACIFIC, LLC

Your Employee Assistance Program



EMPLOYEE ASSISTANCE OF THE PACIFIC, LLC

A Benefit for You and Your Family Members Provided by Price Enterprises, Inc.

The Employee Assistance Program (EAP) is a CONFIDENTIAL counseling and wellness program that is provided as a benefit to Price Enterprises employees and their eligible family members at NO COST to you. All information received from employees under the program shall be held in strictest confidence by the EAP.

Counseling Services

Up to three (3) sessions per year are available. Counselors are available across the Islands. You can receive assistance in areas such as:

- Marital Conflict
- Stress Management
- Alcohol or Drug Problems
- Interpersonal issues
- Conflict at work
- Coronavirus Concerns
- Family relationships
- Depression or Anxiety
- Financial/Legal Concerns
- Grieving a loss
- Retirement
- Referrals to Community Resources
- Career Path
- Personal decision-making

The concern does not have to be a critical one – many people use their EAP benefit to talk about their personal and professional growth or just to find an impartial ear to listen. Counseling sessions are available in person, and when appropriate, by phone and via secure video connection.

Caregiver Consultation Services

Through an agreement with Ho'okele Personal Health Planners, your EAP can arrange for you to consult with a local, licensed healthcare navigation professional. You can receive help with:

- Scheduling homecare providers
- Finding a long term care facility, caregivers, doctors, & specialists
- Discharge planning
- Researching treatment options
- Coordinating multiple caregivers
- Going to doctor visits
- Understanding insurance coverage
- Advocating in hospital or care facility

These sessions are provided on a two-for-one exchange of regular EAP sessions. There is a limit of one Caregiver Consultation hour per employee per year in exchange for two EAP sessions.

Legal Consultation

If you need legal assistance, we will refer you to an attorney in our network, and you can receive a free 30-minute face-to-face or telephonic consultation. If you need further assistance, they will reduce their fees by 25%. Note that work-related issues are not covered. Downloadable legal forms are on our website!

Mediation Intake

A free 30-minute mediation intake session through a local nonprofit Mediation Center is also available through your EAP. Using this affordable alternative to attorneys and the courts helps people resolve their disputes peacefully, helps save money, and keeps the solution in your hands. Mediation Centers are available on Oahu, Maui, Kauai, and both sides of Hawaii island.

Financial Consultation

If you need to talk with a financial expert, you can receive a free 30-minute telephonic consultation for support, information, and resources. Common issues include credit scores, debt consolidation, budgeting, college financing, retirement planning, and taxes.

Identity Theft Consultation

If you are the victim of Identity Theft you may utilize a 60-minute emergency response consultation with a Fraud Resolution Counselor who can help guide you to restoring your identity and good credit. This hour can be exchanged for one of your counseling hours.

Coaching for Well-Being

EAP Coaching for Well-Being is a one-on-one, collaborative process in which your Coach helps you achieve your personal goals. Coaching can be used in a broad range of personal growth areas such as career path, better communication skills, stress management, greater work-life balance, physical health, and much more. Coaching typically consists of a series of one-on-one face-to-face, telephone, video, or encrypted email sessions between you and your Coach and can be substituted for your counseling benefit.

Work/Life Phone Assistance

You may call regarding personal needs or concerns for which you are seeking information, but not professional counseling. This service is unlimited and employees may call as frequently as needed throughout the year. Employees may call for information about many types of needs—common issues might include brief questions about parenting or locating community resources.